

Automatic External Defibrillators (AEDs)

The Sea Ranch Association has 14 Philips HeartStart OnSite Automatic External Defibrillators (AED) for our Sea Ranch recreation and assembly areas. These AEDs are located in the following areas:



Del Mar Pool
Del Mar Center Hall
Knipp-Stengel Barn
Ohlson Ranch House (Kitchen)
Ohlson Pool/Tennis Courts (Breezeway)
Moonraker Pool (Entryway)
Sea Ranch Lodge (Purchased by the Sea Ranch Lodge)
The Sea Ranch Water Company Office
The Sea Ranch Association Office
Security Vehicles (3)
Spare (Emergency Manager)
Posh Squash (note: this is a Zoll AED)

- The AEDs at the pools are in red outdoor, alarmed AED cabinets. The AEDs at the Ohlson Ranch House and the Del Mar Center Hall are in white indoor AED cabinets. A link to the Philips website and summary information from the Philips website is listed below.
 - Philips Website
 - <http://www.healthcare.philips.com/main/products/resuscitation/products/aeds/>
 - Philips AED Demo
 - http://www.heartstarthome.com/animated_demo/demo.asp
 - Easy to Use: Using the HeartStart OnSite Defibrillator is simple. Pulling the green handle activates the defibrillator and voice instructions. These instructions are paced to your actions, to help guide you through the entire process, from placing pads on the patient to delivering a defibrillation shock.
 - HeartStart OnSite determines if a heart rhythm is shockable:
 - If a shock is indicated, the defibrillator directs you to press the flashing orange **Shock** button. Then, HeartStart OnSite delivers a dose of low-energy biphasic therapy, a highly effective defibrillation waveform that is also gentle to the heart.
 - If a shock is not indicated, the OnSite Defibrillator instructs you to assess the patient and to perform CPR when necessary. While performing CPR, the defibrillator's voice instructions can be activated to coach you on the frequency and depth of compressions.
- ☐ **Note: Always call 9-1-1 in the event of a medical emergency.**



*Chris Howard,
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